

# SPEAK OUT AGAINST TEEN DATING VIOLENCE!

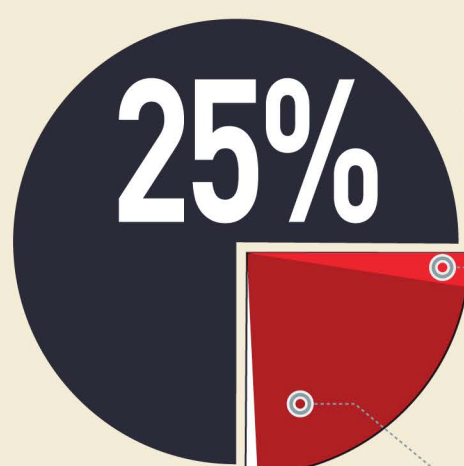
This February, in observance of Teen Dating Violence Awareness Month, Verizon urges consumers to take action to raise awareness and break the silence surrounding teen dating and domestic violence.

## Know the facts!

**1.5 MILLION**



HIGH SCHOOL STUDENTS ACROSS THE COUNTRY EXPERIENCE PHYSICAL ABUSE FROM A DATING PARTNER



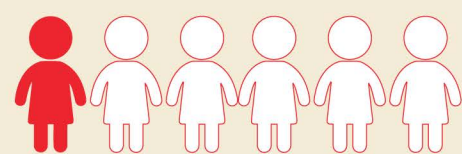
DATING TEENS REPORT THEY'VE BEEN DIGITALLY VICTIMIZED BY THEIR PARTNERS

**9%** SEEK HELP (RARELY FROM PARENTS OR TEACHERS)

**96%** EXPERIENCE OTHER FORMS OF VIOLENCE OR ABUSE FROM PARTNERS



**WIRELESS TECHNOLOGY** SUCH AS SMARTPHONES OR TABLETS IS THE MOST COMMON MEDIUM FOR DIGITAL ABUSE



**1 IN 6 YOUTHS** REPORT BEING THE VICTIM OF **CYBER BULLYING**

(ABUSE OR HARASSMENT FROM SOMEONE OTHER THAN A ROMANTIC PARTNER)



VICTIMS OF CYBER BULLYING ARE

**3X MORE LIKELY**

TO ALSO EXPERIENCE DIGITAL DATING ABUSE OR HARASSMENT

**78%**

TEENS (AGES 12 TO 17) HAVE CELL PHONES

**3 OUT OF 4**

TEENS ACCESS THE INTERNET USING MOBILE DEVICES

## Know the signs!

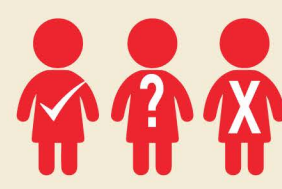
**WHAT DIGITAL ABUSE LOOKS LIKE:**



**CONSTANTLY TEXTS YOU** AND MAKES YOU FEEL LIKE YOU CAN'T BE SEPARATED FROM YOUR PHONE



**SENDS YOU NEGATIVE, INSULTING OR THREATENING** EMAILS, MESSAGES, TWEETS, DMS



TELLS YOU WHO YOU **CAN OR CAN'T BE FRIENDS WITH** ON FACEBOOK AND OTHER SITES



USES NETWORKS LIKE FACEBOOK, TWITTER, AND FOURSQUARE TO **KEEP CONSTANT TABS** ON YOU



**Status**  
PUTS YOU DOWN IN THEIR **STATUS UPDATES**



**SENDS YOU UNWANTED, EXPLICIT PICTURES OR VIDEO** AND DEMANDS YOU SEND SOME IN RETURN



**INSISTS TO BE GIVEN YOUR PASSWORDS & LOOKS THROUGH YOUR PHONE**

## Speak Out! Stand Up!



IT IS OKAY TO TURN OFF YOUR PHONE.



DON'T RESPOND TO HOSTILE, HARASSING, ABUSIVE OR INAPPROPRIATE TEXTS OR MESSAGES.



TELL A TRUSTED ADULT.



YOU HAVE THE RIGHT TO BE ALONE AND SPEND TIME WITH FRIENDS.



BE MINDFUL WHEN USING CHECK-INS ON SOCIAL CHANNELS.



CHANGE YOUR PHONE NUMBER.



DON'T SEND ANY MESSAGE YOU WOULDN'T WANT SEEN BY OTHERS.



YOU DO NOT HAVE TO SHARE YOUR PASSWORDS.



SAVE OR DOCUMENT TROUBLESOME TEXTS, IMS, DMS, ETC. YOU MIGHT NEED THEM AS "EVIDENCE."

## TEEN DATING VIOLENCE AWARENESS & HELP RESOURCES:



[www.loveisrespect.org](http://www.loveisrespect.org)



[www.breakthecycle.org](http://www.breakthecycle.org)



[www.teendvmonth.org](http://www.teendvmonth.org)



[www.loveisnotabuse.com](http://www.loveisnotabuse.com)

Give dating and domestic violence victims and survivors the chance to make a lifesaving call by donating your no-longer-used wireless phone to HoPeLine from Verizon.

[WWW.VERIZONWIRELESS.COM/HOPELINE](http://WWW.VERIZONWIRELESS.COM/HOPELINE)

Sources: Urban Institute (2013 studies); Pew Research Center (Teens and Technology 2013, Teens, Social Media, and Privacy 2013); Loveisrespect.org; Dosomething.org; AP-NORC Center for Public Affairs Research.