

IS IT BULLYING?

Not everything that's mean is actually bullying. Use the chart below to understand the difference between bullying, conflict, and a mean moment.

MEAN MOMENT

- One Time
- On Purpose
- Hurtful
- One Sided

CONFLICT

- Occasionally
- On Purpose
- Hurtful
- Both parties involved

BULLYING

- Repeatedly
- On Purpose
- Hurtful
- One Sided